



12 Easy Autumn Nature Activities

Simple ideas for children aged 1–6

1 Leaf Hunt

Look for different colours, shapes and sizes.

2 Leaf Rubbings

Place leaves under paper and rub with crayons.

3 Conker Scoop & Pour

Use bowls and spoons for simple sensory play.

4 Nature Treasure Basket

Collect safe autumn finds to explore together.

5 Stick People

Make little woodland characters from sticks and leaves.

6 Autumn Potion Play

Mix leaves, petals and water for pretend potions.

7 Leaf Crowns

Tape or stick leaves onto a simple card band.

8 Pinecone Painting

Roll or dab pinecones in paint to make prints.

9 Nature Collage

Create pictures with leaves, seeds and petals.

10 Acorn Sorting

Sort by size, colour or count together.

11 Mini Den Building

Use sticks and blankets to make a cosy hideaway.

12 Autumn Sensory Tray

Add leaves, conkers and scoops for open-ended play.

Keep it simple, slow and playful — nature offers plenty.