



12 Easy Spring Nature Activities

Simple ideas for children aged 1–6

1 Blossom Hunt

Look for blossom colours and shapes on your walk.

2 Leaf Rubbings

Place fallen leaves under paper and rub with crayons.

3 Petal Potions

Stir fallen petals and water for pretend potions.

4 Spring Treasure Basket

Explore large leaves and smooth natural finds together.

5 Flower Collage

Arrange fallen petals on paper to make a picture.

6 Birdsong Listening

Pause, listen and copy the birds you can hear.

7 Spring Nature Crown

Attach fallen petals and leaves to a card band.

8 Blossom Painting

Dab paint to make a tree full of blossom.

9 Woodland Small World

Build a tiny world with fabric, bark and toy animals.

10 Rainy-Day Mark Making

Use a brush and water to paint paths outdoors.

11 Mini Den Building

Make a tiny shelter for a woodland toy.

12 Buds & New Leaves

Look closely at buds and fresh green leaves.

Keep it simple, slow and playful — nature offers plenty.



12 Easy Summer Nature Activities

Simple ideas for children aged 1–6

1 Colour Hunt

Look for summer colours in flowers and leaves.

2 Leaf Printing

Press painted leaves onto paper to make prints.

3 Meadow Potions

Mix grass, fallen petals and water for pretend play.

4 Summer Treasure Basket

Explore large leaves, bark and soft grasses together.

5 Nature Weaving

Weave grasses and leaves through a cardboard frame.

6 Butterfly Watching

Watch butterflies flutter and move like their wings.

7 Nature Crowns

Attach fallen petals and leaves to a card band.

8 Water Painting

Paint outdoor stones and paths with water.

9 Shadow Drawing

Trace the shadows of leaves or favourite toys.

10 Woodland Stream World

Make a pretend stream with blue fabric and blocks.

11 Mini Meadow Den

Build a little shelter for toy woodland friends.

12 Cloud Stories

Watch the clouds and imagine shapes and stories.

Keep it simple, slow and playful — nature offers plenty.



12 Easy Autumn Nature Activities

Simple ideas for children aged 1–6

1 Leaf Hunt

Look for different colours, shapes and sizes.

2 Leaf Rubbings

Place leaves under paper and rub with crayons.

3 Conker Scoop & Pour

Use bowls and spoons for simple sensory play.

4 Nature Treasure Basket

Collect safe autumn finds to explore together.

5 Stick People

Make little woodland characters from sticks and leaves.

6 Autumn Potion Play

Mix leaves, petals and water for pretend potions.

7 Leaf Crowns

Tape or stick leaves onto a simple card band.

8 Pinecone Painting

Roll or dab pinecones in paint to make prints.

9 Nature Collage

Create pictures with leaves, seeds and petals.

10 Acorn Sorting

Sort by size, colour or count together.

11 Mini Den Building

Use sticks and blankets to make a cosy hideaway.

12 Autumn Sensory Tray

Add leaves, conkers and scoops for open-ended play.

Keep it simple, slow and playful — nature offers plenty.



12 Easy Winter Nature Activities

Simple ideas for children aged 1–6

1 Winter Colour Hunt



Look for green, brown and silver on a winter walk.

2 Bark Rubbings



Place paper against bark and rub with a crayon.

3 Ice Discovery



Watch ice melt in a bowl and notice what changes.

4 Winter Treasure Basket



Explore large pinecones, bark and evergreen sprigs.

5 Twig Trees



Arrange twigs on paper to make a winter tree.

6 Bird Watching



Watch garden birds and copy their movements.

7 Paper Snowflakes



Fold and tear paper to make simple snowflakes.

8 Pinecone Painting



Dab pinecones in paint to make woodland prints.

9 Cosy Nature Stories



Choose a woodland toy and tell a winter story.

10 Evergreen Printing



Press painted evergreen sprigs onto paper.

11 Woodland Animal Dens



Make cosy little dens for toy woodland animals.

12 Winter Small World



Create a snowy toy world with white fabric and blocks.

Keep it simple, slow and playful — nature offers plenty